



Phantom Wolves

Hockey, for Fitness, Fun & Friendship

www.phantomwolveshockey.com

Welcome to the Phantom Wolves!

Here is the required equipment list for a safe & enjoyable hockey experience:

- **CSA-approved** helmet & FULL-face mask - (wire mesh or clear plastic)
- BNQ-approved neck guard / throat protector
- shoulder pads
- elbow pads
- hockey pants
- hockey gloves
- hockey stick
- jock (jill for girls)
- shin/knee pads
- optional: straps (velcro) or tape to hold the pads
- hockey skates (sharpened)

The list above is for players. If your child wishes to try goaltending, contact us about rental options. For our Phantom Wolf Cubs, a set of goalie equipment is provided for each team.

It is recommended by the MHL that all players wear CSA approved mouth guards.